

HIPAA NOTICE OF PRIVACY PRACTICES

NEPHROLOGY ASSOCIATES, P.A.

Effective Date: April 14, 2003, revised February 16, 2026

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION

PLEASE REVIEW IT CAREFULLY

If you have any questions about this notice, please contact our Practice Administrator at **302-225-0451**. Written requests should be addressed to:

**Nephrology Associates, P.A.
4923 Ogletown-Stanton Road
Suite 200
Newark, Delaware 19713
Attn: Practice Administrator**

We are committed to protect the privacy of your personal health information (PHI). Certain categories of health information, including information received from other providers that may be subject to additional federal confidentiality protections, may be afforded enhanced privacy protections under applicable law. Where applicable, we will comply with all federal and state laws governing the confidentiality and permitted use or disclosure of such information.

This Notice of Privacy Practices (Notice) describes how we may use within our practice or network and disclose (share outside of our practice or network) your PHI to carry out treatment, payment or health care operations. We may also share your information for other purposes that are permitted or required by law. This Notice also describes your rights to access and control your PHI. We are required by law to maintain the privacy of your PHI. We will follow the terms outlined in this Notice. We will comply with applicable federal and state privacy laws, including any future updates or amendments governing the use, disclosure, or protection of protected health information, without requiring immediate revision of this Notice unless required by law. We may use or disclose health information about you in ways that do not personally identify you or reveal who you are. Certain uses or disclosures described in

this Notice may be subject to additional legal limitations depending on the type of health information involved.

We may change our Notice, at any time. Any changes will apply to all PHI. Upon your request, we will provide you with any revised Notice by:

- Posting the new Notice in our office.
- If requested, making copies of the new Notice available in our office or by mail.
- Posting it on our website:
www.delawarekidney.com

Uses and Disclosures of Protected Health Information

We may use or disclose (share) your PHI to provide health care treatment for you.

Your PHI may be used and disclosed by your

physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you.

EXAMPLE: Your PHI may be provided to a physician to whom you have been referred for evaluation to ensure that the physician has the necessary information to diagnose or treat you.

We may also share your PHI from time-to-time to another physician or health care provider (e.g., a specialist or laboratory) who, at the request of your physician, becomes involved in your care by providing assistance with your health care diagnosis or treatment to your physician.

We may also share your PHI with people outside of our practice that may provide medical care for you such as home health agencies.

We may use and disclose your PHI to obtain payment for services. We may provide your PHI to others in order to bill or collect payment for services. There may be services for which we share information with your health plan to determine if the service will be paid for.

PHI may be shared with the following:

- Billing companies
- Insurance companies, health plans
- Government agencies in order to assist with qualification of benefits
- Collection agencies

EXAMPLE: You are seen at our practice for a procedure. We will need to provide a listing of services such as x-rays to your insurance company so that we can get paid for the procedure. We may at times contact your health care plan to receive approval PRIOR to performing certain procedures to ensure the services will be paid for. This will require sharing of your PHI.

We may use or disclose, as-needed, your PHI in order to support the business activities of this practice which are called health care operations.

EXAMPLES:

- Training students, other health care providers, or ancillary staff such as billing personnel to help them learn or improve their skills.
- Quality improvement processes which look at delivery of health care and for improvement in processes which will provide safer, more effective care for you.
- Use of information to assist in resolving problems or complaints within the practice.

We may use and disclose your PHI in other situations without your permission:

- If required by law: The use or disclosure will be made in compliance with the law and will be limited to the relevant requirements of the law. For example, we may be required to report gunshot wounds or suspected abuse or neglect.
- Public health activities: The disclosure will be made for the purpose of controlling disease, injury or disability and only to public health authorities permitted by law to collect or receive information. We may also notify individuals who may have been exposed to a disease or may be at risk of contracting or spreading a disease or condition.
- Health oversight agencies: We may disclose PHI to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections. Such disclosures will be limited to those permitted under applicable privacy laws and may require additional verification depending on the nature of the request.
- Legal proceedings: To assist in any legal proceeding or in response to a court order, in

certain conditions in response to a subpoena, or other lawful process, subject to applicable privacy safeguards and legal limitations on disclosure.

- Police or other law enforcement purposes: The release of PHI will meet all applicable legal requirements for release and may require additional verification, written assurances, or legal documentation depending on the type of information requested.
- Coroners, funeral directors: We may disclose PHI for identification purposes, determining cause of death or for the coroner or medical examiner to perform other duties authorized by law.
- Medical research: We may disclose your PHI to researchers when their research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your PHI.
- Special government purposes: PHI may be shared for national security purposes, or if you are a member of the military, to the military or Department of Veterans Affairs under limited circumstances.
- Correctional institutions: PHI may be shared if you are an inmate or under custody of law which is necessary for your health or the health and safety of other individuals.
- Workers' Compensation: Your PHI may be disclosed as authorized to comply with workers' compensation laws and other similar legally-established programs.
- Organ and Tissue Donation: We may use or disclose health information to organ procurement organizations or others that obtain, bank or transplant organ, eye or tissue donation or transplantation.

Other uses and disclosures of your health information.

- Business Associates: Some services are provided through the use of contracted entities called "business associates". We will release only the minimum amount of PHI necessary so that the business associate can perform the identified services. We require the business associate(s) to appropriately safeguard your information. Examples of business associates include billing companies or transcription services. All business associates are required to comply with applicable privacy and security obligations designed to protect your health information.
- Health Information Exchange: We may make your PHI available electronically to other healthcare providers outside of our facility who are involved in your care, such as DHIN and CRISP. Participation in a health information exchange allows authorized providers involved in your care to access relevant health information electronically for treatment, payment, and healthcare operations, consistent with applicable privacy protections.
- DHIN, Delaware Health Information Network, is a regional network of healthcare providers in Delaware and Maryland who can share patient data electronically. This capability reduces the likelihood of duplicate medical testing, increases the quality of care, and provides physicians access to a much more complete array of patient health records than had been available in the past. Please see the DHIN website at <http://www.dhin.org/consumer> for information about how to 'opt-out' of DHIN services.
- CRISP, Chesapeake Regional Information System for our Patients, Inc., is a regional

health information exchange serving Maryland and the District of Columbia. As permitted by law, your PHI will be shared with this exchange in order to provide faster access, better coordination of care, and to assist healthcare providers and public health officials in making more informed decisions. You may 'opt-out' and disable all access to your PHI available through CRISP by calling 1-877-952-7477, or by completing and submitting an Opt-Out form to CRISP by mail, fax or through their website at www.crisphealth.org.

- **Treatment alternatives:** We may provide you notice of treatment options or other health related services that may improve your overall health.
- **Appointment reminders:** We may contact you as a reminder about upcoming appointments or treatment.

We may use or disclose your PHI in the following situations UNLESS you object.

- We may share your information with friends or family members, or other persons directly identified by you at the level they are involved in your care or payment of services. If you are not present or able to agree/object, the healthcare provider using professional judgment will determine if it is in your best interest to share the information. For example, we may discuss post procedure instructions with the person who drove you to the facility unless you tell us specifically not to share the information.
- We may use or disclose PHI to notify or assist in notifying a family member, personal representative or any other person that is responsible for your care of your location, general condition or death.
- We may use or disclose your PHI to an authorized public/private entity to assist in disaster relief efforts.

The following uses and disclosures of PHI require your written authorization:

- Marketing
- Disclosures for any purposes which require the sale of your information
- Release of psychotherapy notes: Psychotherapy notes are notes by a mental health professional for the purpose of documenting a conversation during a private session. This session could be with an individual or with a group. These notes are kept separate from the rest of the medical record and do not include: medications and how they affect you, start and stop time of counseling sessions, types of treatments provided, results of tests, diagnosis, treatment plan, symptoms, prognosis.
- Certain types of health information have additional protection under state and federal law. We will comply with your state's laws or other federal laws if they provide you with stricter rights over your health information or provide for more restrictions on the use or disclosure of your health information than HIPAA.

All other uses and disclosures not recorded in this Notice will require a written authorization from you or your personal representative.

Written authorization simply explains how you want your information used and disclosed. Your written authorization may be revoked at any time, in writing. Except to the extent that your doctor or this practice has used or released information based on the direction provided in the authorization, no further use or disclosure will occur. Certain disclosures involving specially protected health information may require additional consent or legal authorization under federal law.

Limitations on Use of SUD Records

Substance Use Disorder (SUD) treatment records received from programs subject to 42 CFR part 2, or testimony relaying the content of such records, shall not be used or disclosed in civil, criminal, administrative, or legislative proceedings against the individual unless based on written consent, or a court order after notice and an opportunity to be heard is provided to the individual or the holder of the record, as provided in 42 CFR part 2. A court order authorizing use or disclosure must be accompanied by a subpoena or other legal requirement compelling disclosure before the requested record is used or disclosed. Where applicable, redisclosure of such information may be restricted by federal law.

Limitations on Reproductive Health Disclosures

We will comply with applicable federal and state laws governing the use and disclosure of reproductive health information. Certain uses or disclosures of reproductive health information may be prohibited or restricted unless permitted by law.

EXAMPLE: We may be prohibited from using or disclosing certain reproductive health information for purposes that are not permitted by law.

Redisclosure

Information disclosed by us may be subject to redisclosure by the recipient and may no longer be protected under federal privacy regulations; however, certain categories of health information may remain subject to additional confidentiality protections under applicable law.

Your Privacy Rights

You have certain rights related to your PHI. All requests to exercise your rights must be made in writing. Written requests should be addressed to:

Nephrology Associates, P.A.
4923 Ogletown-Stanton Rd., Ste. 200
Newark, Delaware 19713
Attn: Practice Administrator

You have the right to see and obtain a copy of your PHI.

This means you may inspect and obtain a copy of PHI about you that is contained in a designated record set for as long as we maintain the PHI. If requested we will provide you a copy of your records in an electronic format. Requests for access may require verification of your identity in order to protect the privacy and security of your information. There are some exceptions to records which may be copied and the request may be denied. We may charge you a reasonable cost based fee for a copy of the records. We will tell you in advance what this copying will cost. You can look at your record at no cost. We may deny your request in certain limited circumstances but we will respond to your request with an explanation within thirty (30) days. If you are denied access to your health information, you may request that the denial be reviewed.

You have the right to request a restriction of your PHI

You may request for this practice not to use or disclose any part of your PHI for the purposes of treatment, payment or healthcare operations. We are not required to agree with these requests. If we agree to a restriction request we will honor the restriction request unless the information is needed to provide emergency treatment.

There is one exception: we must accept a restriction request to restrict disclosure of information to a health plan if you pay out of pocket in full for a service or product unless it is otherwise required by law.

You have the right to request for us to communicate in different ways or in different locations

We will agree to reasonable requests. We may also request alternative address or other method of contact such as mailing information to a post office box. We will not ask for an explanation from you about the request.

You may have the right to request an amendment of your health information

You may request an amendment of your health information if you feel that the information is not correct along with an explanation of the reason for the request. In certain cases, we may deny your request for an amendment at which time you will have an opportunity to disagree.

You have the right to a list of people or organizations who have received your health information from us

This right applies to disclosures for purposes other than treatment, payment or healthcare operations. You have the right to obtain a listing of these disclosures. You may request them for the previous six years or a shorter timeframe. If you request more than one list within a 12 month period you may be charged a reasonable fee.

Additional Privacy Rights

- Upon request, you have the right to obtain a paper copy of this notice. We will provide you a copy of this Notice the first day we treat you at our facility. In an emergency situation we will give you this Notice as soon as possible.

- You have a right to receive notification of any breach of your PHI.
- Certain categories of health information may be subject to additional confidentiality protections under federal or state law, and we will comply with any applicable limitations on use or disclosure of such information.

Complaints

If you think we have violated your rights or any questions about this notice, please contact our Practice Administrator at (302) 225-0451.

You may also complain to the United States Secretary of Health and Human Services if you believe your privacy rights have been violated by us. If you file a complaint we will not retaliate against you for filing a complaint.

Questions

If you have any questions about this notice, or have further questions about how we may use and disclose your health information, please contact the Practice Administrator at (302) 225-0451.